

**Want to do something helpful,  
useful and rewarding?**

**Well**

**For just a few hours a month**

**YOU CAN**

**because**

**your help is badly needed**

**Join our small,  
enthusiastic team today,**

**Become a First Responder**

**OR**

**helper and help us save lives**

**Contact**

**Marianne on Morton 570762**

**Or**

**Nigel on Rippingale 440872**

**Play your part and help others as well as yourself  
GET MORE OUT OF LIFE**

**LINCOLNSHIRE INTEGRATED  
VOLUNTARY EMERGENCY SERVICE**

